

## **Services Provided by Dave Smith**

Personal Life Coaching (For more on Dave's coaching focus and how personal coaching could benefit you check out his website at [www.coachingin3d.com](http://www.coachingin3d.com))

Workshops designed to give you tools for moving toward a life of greater purpose and effectiveness. Below is a quick summary of the workshops Dave facilitates:

- A Coach Approach to Empowering Others— An Introduction to the model, heart and Skills of Life Coaching
- Until Christ is Formed in You—Pursuing Authentic Personal Spiritual Transformation
- Bringing Dreams to Life—Unlocking and realizing the dreams of your heart
- Calling Discovery—Laying hold of your unique destiny in Christ

See inside for more details



*"Helping others discover life  
in a fuller dimension"*

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To schedule a workshop or to inquire about individual coaching contact Dave Smith at [david@coachingin3d.com](mailto:david@coachingin3d.com) or call him at 530.547.1121

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***Training Workshops  
facilitated by  
Dave Smith***



Dave Smith is a Life Development and Spiritual Growth coach and trainer. To learn more about him check out his website at [www.coachingin3d.com](http://www.coachingin3d.com)

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# *Workshops for Equipping Followers of Jesus for Life and Ministry*

## **A Coach Approach to Empowering Others**



The art of coaching is a revolutionary approach to helping others make the kind of changes needed to move them forward in realizing their fullest potential.

In this introductory coaching workshop you will gain understanding and practical hands-on skill training in;

- ◆ The coaching model
- ◆ The heart of a coach and the foundational values of coaching
- ◆ The core coaching skills of authenticity, listening, goal setting, asking insightful questions, encouragement, and facilitating action
- ◆ Empowering others to make real and lasting change in their life

## **Until Christ is Formed in You**



This discovery-orientated workshop is designed to help catalyze followers of Jesus toward be-

coming more intentional about their spiritual journey and more engaged in the process of becoming like Christ (spiritual formation).

The format is designed to enhance learning through group discussion, self-discovery exercises, times for individual reflection, application and small group interaction.

Participants will benefit from this workshop by;

- ◆ Learning how to engage the deeper issues of the heart for genuine transformation
- ◆ Gaining a greater level of self-awareness for realizing holistic spiritual development
- ◆ Learning to apply various practical means to access the grace of God necessary for the transformation of their inner being
- ◆ Designing a personal rule of life for making intentional room for God and sustaining on-going discipleship to Jesus



## **Bringing Dreams to Life**

This workshop will help you unlock the dreams and desires of your heart and provide you with simple and practical tools to turn your dreams into action, regardless of your circumstances.

Topics include;

- ◆ The importance of your dreams in God's plan for your life
- ◆ Keys and clues to accessing the dreams and desires of your heart
- ◆ Practical tools, demonstrations and activations to turn your dreams into action steps
- ◆ Working through disappointment, discouragement, disillusionment and buried dreams
- ◆ Identifying and taking dominion over faulty thinking
- ◆ Recognizing the importance of ownership, motivation, season and timing

## **Calling Discovery**

You were created by God for a unique part only you can play in his Kingdom. Want to learn about that destiny? This interactive coaching workshop will take you into the heart of discovering your calling.



Topics covered:

- ◆ Misconceptions about calling—and how finding yours may be easier than you think!
- ◆ Discovering the unique Life Messages that come out in everything you do
- ◆ Profiling the people you are called to and the impact you want to have on them
- ◆ Writing a personal calling statement of the *Impact your Life Message* will have on your target Audience through a life Task

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